

National Games Records: Track

Track Events	Female	Male
100 m Adult	17.02 Jamie Bourassa (SK) 2002	13.98 Robert Kolatschek (ON)2006
100 m Senior	17.31 Carrie Jung (BC) 2006	13.98 Dave Smith (AB) 2002
100 m Veteran	20.83 Sheryl Stadnichuk (SK) 2006	16.39 Dwight Kroening(AB) 2006
100 m Super Veteran	N/A	20.23 Marvin Meissner(BC) 2006
200m Adult	38.29 Jamie Bourassa (SK) 2006	26.86 Robert Kolatschek(ON)2006
200m Senior	35.44 Carrie Jung (BC) 2006	30.12 Dave Smith (AB) 2006
200m Veteran	39.42 Margaret Benson (BC) 2006	31.26 Dwight Kroening(AB)2006
200m Super Veteran	N/A	40.36 Frank Bialystok(ON) 2006
800m Adult	N/A	2.43.55 Gord Denison (QC) 2006
800m Senior	3.25.56 Leslie Petter (ON) 2006	2.38.76 Dave Smith (AB) 2006
800m Veteran	3.45.43 Margaret Benson(BC) 2006	N/A
800m Super Veteran	N/A	4.12.77 Frank Bialystok (ON)2006
	3K Female	5K Male
3K/5K Race Walk Adult	27.28.76 Sara Murray(ON) 2006	44.27.01 Jean Eric Ouelet (QC) 2006
3K/5K Race Walk Senior	25.06.59 Dallas Mifflin (n/a) 2002	N/A
3K/5K Race Walk Veteran	19.36.40 Margaret Benson (BC) 2006	40.23.02 Stephen Farmer(BC) 2006
Race Walk Super Veteran	25.03.60 Darlene McNeil (ON) 2006	39.56.12 Frank Bialystuk(ON)2006
	3K-Female	5K Male (*6K in 06)
3K/5K Road Race Adult	17:43 Jamie Bourassa (SK) 2006	32:39 Mark Black (NB) 2006
3K/5K Road Race Senior	17:13 Leslie Petter (ON) 2006	27:04.50 Dave Smith (AB) 2002
3K/5K Road Race Veteran	17:38 Susan Harrison (BC) 2006	28:55 Dwight Kroening(AB) 2006
Road Race Super Veteran	20:54 Darlene McNeill (ON) 2006	40:58 Frank Bialystok (ON) 2006
4X100Relay	N/A	N/A

Revised Feb. 2007

National Games Records: Golf and Bowling

GOLF 18 Hole	Female		Male	
Child				
Youth				
Teen				
Adult			79	Brent Dueck (Man) 2006
Senior			91	Steven McGraw (Nfld) 2006
Veteran	93	Nadine Ogonowski (QB) 2006	84	Larry Kreklewich (SK) 2006
Super Veteran	99	Marianne Thistle (AB) 2006	80	Keith Bradley (AB) 2006
Bowling 5 Pin				
Child	100	McKayla Phelan (AB) 2006	120	Ryley Brotman (ON) 2006
Youth	124	Alyssa Dawson (ON) 2006	146	Chris Milliard (ON) 2006
Teen				
Adult	111	Marcela Rose Clarke (BC) 2006	236	Terry Siegel (Sask) 2006
Senior	148	Chantele Ribidoux (QB) 2006	225	Brett Saucier (AB) 2006
Veteran	182	Heather Fisher (ON) 2006	258	Trevor Timpson (BC) 2006
Super Veteran	122	Jennie Diment (AB) 2006	236	Elmer Friesen (Sask) 2006

National Games Records: Track

Track Events	Female	Male
100 m Child		24.30 Jack Palmer (BC) 2006
100 m Youth	16.64 Emmanuela Sabourin(QC) 2006	16.72 Matthew Sikorski (ON) 2006
100 m Teen		15.02 Oloff Dreyer (AB) 2006
100 m Adult	17.02 Jamie Bourassa (SK) 2002	13.98 Robert Kolatschek (ON)2006
100 m Senior	17.31 Carrie Jung (BC) 2006	13.98 Dave Smith (AB) 2002
100 m Veteran	20.83 Sheryl Stadnichuk (SK) 2006	16.39 Dwight Kroening(AB) 2006
100 m Super Veteran		20.23 Marvin Meissner(BC) 2006
200m Child	N/A	N/A
200m Youth	35.06 Emmanuela Sabourin(QC) 2006	37.15 Chris Milliard(ON) 2006
200m Teen	N/A	28.18 Oloff Dreyer (AB) 2006
200m Adult	38.29 Jamie Bourassa (SK) 2006	26.86 Robert Kolatschek(ON)2006
200m Senior	35.44 Carrie Jung (BC) 2006	30.12 Dave Smith (AB) 2006
200m Veteran	39.42 Margaret Benson (BC) 2006	31.26 Dwight Kroening(AB)2006
200m Super Veteran		40.36 Frank Bialystok(ON) 2006
400m Adult		
400m Senior		
400m Veteran		
400m Super Veteran		
800m Child	N/A	N/A
800m Youth	N/A	6.59.98 Jacob Kramer(ON) 2006
800m Teen	N/A	N/A
800m Adult	N/A	2.43.55 Gord Denison (QC) 2006
800m Senior	3.25.56 Leslie Petter (ON) 2006	2.38.76 Dave Smith (AB) 2006
800m Veteran	3.45.43 Margaret Benson(BC) 2006	N/A
800m Super Veteran	N/A	4.12.77 Frank Bialystok (ON)2006
1500m Adult		
1500 Senior		
1500 Veteran		
1500 Super Veteran		
	3K Female	5K Male
3K/5K Race Walk Child	31.34.24 Sharon L Smith (ND) 2006	N/a
3K/5K Race Walk Youth	N/A	N/A
3K/5K Race Walk Teen	N/A	N/A
3K/5K Race Walk Adult	27.28.76 Sara Murray(ON) 2006	44.27.01 Jean Eric Ouelet (QC) 2006
3K/5K Race Walk Senior	25.06.59 Dallas Mifflin (n/a) 2002	N/A
3K/5K Race Walk Veteran	19.36.40 Margaret Benson (BC) 2006	40.23.02 Stephen Farmer(BC) 2006
Race Walk Super Veteran	25.03.60 Darlene McNeil (ON) 2006	39.56.12 Frank Bialystuk(ON)2006
	3K-Female	5K Male (*6K in 06)
3K/5K Road Race Child		
3K/5K Road Race Youth		
3K/5K Road Race Teen		
3K/5K Road Race Adult	17:43 Jamie Bourassa (SK) 2006	32:39 Mark Black (NB) 2006
3K/5K Road Race Senior	17:13 Leslie Petter (ON) 2006	27:04.50 Dave Smith (AB) 2002
3K/5K Road Race Veteran	17:38 Susan Harrison (BC) 2006	28:55 Dwight Kroening(AB) 2006
Road Race Super Veteran	20:54 Darlene McNeill (ON) 2006	40:58 Frank Bialystok (ON) 2006
4X100Relay		

National Games Records: Swimming (25m pool)

Swimming Events	Female	Male
50m Backstroke Adult	N/A	37.80 Russel Brack QC) 2006
50m Backstroke Senior	40.01 Laura McDonald (AB)2006	41.88 Michael Strilchuk (AB) 2006
50m Backstroke Veteran	1.05.43 Heather Fisher (ON) 2002	59.93 Chris Maher (n/a) 2002
50m Backstroke Super Veteran	N/A	57.24 Dick Winter (ON) 2002
100m Backstroke Adult	3:11.43 Heather Bishop(ON)2002	1:25.10 Russel Brack (QC) 2006
100m Backstroke Senior	N/A	1:34.13 Michael Strilchuk(AB)2006
100m Backstroke Veteran	N/A	N/A
100m Backstroke Super Veteran	N/A	N/A
50m Breaststroke Adult	N/A	42.11 Russell Brack (QC) 2006
50m Breaststroke Senior	59:01 Susan Pozner (ON) 2006	40:51 Michael Strilchuk (AB) 2006
50m Breaststroke Veteran	53:41 Janet Brady (ON) 2002	1:05.58 Steve Farmer (BC) 2006
50m Breaststroke Super Veteran	N/A	1:00.23 Dick Winter (ON) 2002
100m Breast Stroke Adult	N/A	1:36.02 Russell Brack (QC) 2006
100m Breast Stroke Senior	N/A	1:41.49 Michael Strilchuk(AB) 2006
100m Breast Stroke Veteran	2:02.44 Janet Brady (ON) 2006	N/A
100m Breast Stroke Super Veteran	N/A	N/A

Swimming Events	Female	Male
50m Butterfly Adult	51:97 Amy Holdorf (ON) 2002	31:04 Russel Brack (QB) 2002
50m Butterfly Senior	1:10.92 Susan Pozner (ON) 2006	N/A
50m Butterfly Veteran	N/A	N/A
50m Butterfly Super Veteran	N/A	N/A
100m Butterfly Adult	N/A	N/A
100m Butterfly Senior	N/A	36:67 Michael Strilchuk (AB) 2006
100m Butterfly Veteran	N/A	N/A
100m Butterfly Super Veteran	N/A	N/A
50m Freestyle Adult	41:07 Amy Holdorf (ON) 2002	31:22 Russell Brack (QB) 2006
50m Freestyle Senior	30:93 Laura MacDonald (AB) 2006	34:19 Michael Strilchuk (AB) 2006
50m Freestyle Veteran	N/A	40:35 Barry O'Connor (n/a) 2002
50m Freestyle Super Veteran	N/A	43:60 Dick Winter (ON) 2002
100m Freestyle Adult	1:44.80 Amy Holdorf (ON) 2002	1:08.83 Russel Brack (QC) 2006
100m Freestyle Senior	1:45.51 Isabelle Soucy (QC) 2006	1:13.26 Michael Strilchuk(AB)2006
100m Freestyle Veteran	N/A	1:35.53 Barry O'Connor (n/a)2002
100m Freestyle Super Veteran	N/A	1:49.53 Dick Winter (ON) 2002
200m Freestyle Adult	4:33.07 Amy Holdorf (ON) 2006	2:58.44 Russell Brack (QC) 2006
200m Freestyle Senior	N/A	N/A
200m Freestyle Veteran	N/A	3:43.23 Barry O'Connor (n/a) 2002
200m Freestyle Super Veteran	N/A	4:06.23 Dick Winter (ON) 2002

Revised: Feb 2007

National Games Records: Track

Track Events	Female	Male
100 m Adult	17.02 Jamie Bourassa (SK) 2002	13.98 Robert Kolatschek (ON)2006
100 m Senior	17.31 Carrie Jung (BC) 2006	13.98 Dave Smith (AB) 2002
100 m Veteran	20.83 Sheryl Stadnichuk (SK) 2006	16.39 Dwight Kroening(AB) 2006
100 m Super Veteran	N/A	20.23 Marvin Meissner(BC) 2006
200m Adult	38.29 Jamie Bourassa (SK) 2006	26.86 Robert Kolatschek(ON)2006
200m Senior	35.44 Carrie Jung (BC) 2006	30.12 Dave Smith (AB) 2006
200m Veteran	39.42 Margaret Benson (BC) 2006	31.26 Dwight Kroening(AB)2006
200m Super Veteran	N/A	40.36 Frank Bialystok(ON) 2006
800m Adult	N/A	2.43.55 Gord Denison (QC) 2006
800m Senior	3.25.56 Leslie Petter (ON) 2006	2.38.76 Dave Smith (AB) 2006
800m Veteran	3.45.43 Margaret Benson(BC) 2006	N/A
800m Super Veteran	N/A	4.12.77 Frank Bialystok (ON)2006
	3K Female	5K Male
3K/5K Race Walk Adult	27.28.76 Sara Murray(ON) 2006	44.27.01 Jean Eric Ouelet (QC) 2006
3K/5K Race Walk Senior	25.06.59 Dallas Mifflin (n/a) 2002	N/A
3K/5K Race Walk Veteran	19.36.40 Margaret Benson (BC) 2006	40.23.02 Stephen Farmer(BC) 2006
Race Walk Super Veteran	25.03.60 Darlene McNeil (ON) 2006	39.56.12 Frank Bialystuk(ON)2006
	3K-Female	5K Male (*6K in 06)
3K/5K Road Race Adult	17:43 Jamie Bourassa (SK) 2006	32:39 Mark Black (NB) 2006
3K/5K Road Race Senior	17:13 Leslie Petter (ON) 2006	27:04.50 Dave Smith (AB) 2002
3K/5K Road Race Veteran	17:38 Susan Harrison (BC) 2006	28:55 Dwight Kroening(AB) 2006
Road Race Super Veteran	20:54 Darlene McNeill (ON) 2006	40:58 Frank Bialystok (ON) 2006
4X100Relay	N/A	N/A

National Games Records: Golf and Bowling

GOLF 18 Hole	Female	Male
Adult	N/A	79 Brent Dueck (Man) 2006
Senior	N/A	91 Steven McGraw (Nfld) 2006
Veteran	93 Nadine Ogonowski (QB) 2006	84 Larry Kreklewich (SK) 2006
Super Veteran	99 Marianne Thistle (AB) 2006	80 Keith Bradley (AB) 2006
Bowling 5 Pin		
Adult	111 Marcela Rose Clarke (BC) 2006	236 Terry Siegel (Sask) 2006
Senior	148 Chantele Ribidoux (QB) 2006	225 Brett Saucier (AB) 2006
Veteran	182 Heather Fisher (ON) 2006	258 Trevor Timpson (BC) 2006
Super Veteran	122 Jennie Diment (AB) 2006	236 Elmer Friesen (Sask) 2006

Revised Feb. 2007